

We want to ensure you are selecting the correct size pant;

Our sizing guide will help you choose the right size, ensuring comfort and security.

Men

Our Male Washable Underwear sizes are based on the waist measurement. The measurement should be taken with a snug fit, but not too tight as this may be uncomfortable.



Women

Our Female Washable Underwear sizes are based on the hip measurement. The measurement should be taken at the widest point of the hips and in a horizontal line. Ensure a snug fit, but not too tight as this may be uncomfortable.

